



Agreement of Release and Waiver of Liability

I, _____, hereby agree to the following:

1. That I am participating in the yoga classes, workshops and or immersions/retreats offered at the Martha's Vineyard Yoga Center. I recognize that Yoga requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risk involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the yoga classes, workshops and or immersions/retreats. I represent and warrant that I am physically fit and have no medical conditions which would prevent my full participation in the yoga classes, workshops and immersions/retreats.
3. In consideration of being permitted to participate in the yoga classes, workshops and immersions/retreats, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in the yoga classes, workshops and immersions/retreats, I knowingly, voluntarily and expressly waive any claim I may have again the Martha's Vineyard Yoga Center, the individual teachers of the facility, and or the owner of the facility for injury or damages that I may sustain as a result of participating in the program.
5. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue the Martha's Vineyard Yoga Center for any injury or death caused by their negligence or other acts. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Signature of participant: _____ Date: _____

IF UNDER 18 (Please have Parent/Legal Guardian fill out the below

As legal guardian of _____, I consent to the above terms and conditions.

Signature of Parent/Guardian _____ Date: _____

Please Print Name here: _____

Martha's Vineyard Yoga Center, 73 Circuit Ave. Oak Bluffs, MA 02557, 508-693-7350